

Knox Bright Ideas Network

Wednesday, 06 November 2024 - 2.00 pm - 3.30pm

Rowville Community Learning Centre – 40 Fulham Rd, Rowville

We are the voice of Over 55s in Knox. We work on events, projects and issues that are important.

We acknowledge that we are on the traditional land of the Wurundjeri and Bunurong people of the Kulin Nation and pay our respects to elders past and present.

Present- Names withheld

Apologies- Names withheld

Welcome and introductions

Acknowledgement and welcome to meeting.

Rowville Community Learning Centre information – Karen

Karen gave an overview of the Community Learning Centre at Rowville and is part of the Knox Learning Alliance. They auspice for Volunteer for Knox. They believe in a “no wrong door” policy and if approached and are unable to help, they will forward a referral on to the appropriate department or organisation.

Community Learning Centre currently supports a knitting group, Talking Café, craft group, tech help programs and various other programs. For more information go to: [Community Learning Centre](#)

Bright Idea’s meeting

For 2025 meeting will be approximately every 6 weeks from at 1.30pm 3pm. We will have less speakers and have short introductions at the venues and more discussion and work group time.

Seniors Festival overview

Knox City Council provided nine events throughout October, with more than 740 people in total attending the events. Mystery bus trips increased from one to four due to demand, with the last trip departing Wednesday, 6 November. This cleared the waitlist for the trips.

Knox provided grants to 16 clubs/organisations to assist in the delivery of their Seniors Festival. Acquittal for these are due Friday, 25 November by 5pm.

Bright Idea’s Programs for 2025 discussions

The exploration of what it is that defines us and things to consider are:

- Recognition of service? Volunteering (formal/ informal) what is the monetary and personal value?
- What is the journey?
- What is on offer?
- How do the older generations contribute to family, community and society?
- Bridging the generational gap?
- The gift of age

Other business

[Knox Active Ageing Advisory Committee](#) applications are open and there are several positions available. By offering your experience and knowledge you will contribute to Council and the Knox community's future direction for positive ageing services, programs and issues, supporting locals over 55 years of age. Be valued and supported for your experience and contribution whilst building relationships and networking with committee members and Council Officers. Applications close: COB Wednesday 27 November 2024. The committee meets every second month on a Thursday night with the first meeting to be held in February 2025. For more information go to:

[KAAAC expression of interest](#)

[Curling EOI](#) – Carrington Park Leisure Centre have an expression of interest for Curling and are looking to run a bus trip to Ballarat to a Curling Club for a morning of learning. This low impact activity with a social element. Indoor Curling is played in teams on a wooden floor. Session cost is \$7.00 per player and will be held early to mid-afternoon at Carrington Park. Express interest by calling 9763 7400, email cplc@knox.vic.gov.au or via link -[Curling EOI](#).

[CPR – “Resuscitate a mate”](#) – Orana Neighbourhood House is holding a sold out event on 20 November inviting 55+ to this CPR interactive session that is delivered by a Life Saving Victoria educator. This program teaches emergency response, CPR practice and how to use a defibrillator.

Battery recycling

Batteries that are recycled are processed to recover the plastics and metals, some of which are used to manufacture new batteries.

[Envirostream](#), Australia's first onshore lithium, nickel metal and alkaline battery processor, is able to recover 95% of the materials in the batteries for recycling. Any steel, copper and aluminium recovered is returned to the manufacturing sector for recycling, while the active components of lithium-ion batteries (including graphite, cobalt, nickel and lithium) are used to produce a valuable product called mixed metal dust, which is used to produce new lithium-ion batteries.

Bus trip idea's

| | | |
|------------------------|--------------------------|------------------------------|
| Western Port | Mornington Peninsula | Ballarat |
| Frankston Market (Wed) | Victoria Market | Melton Botanic Garden (Thur) |
| Dandenong Ranges | Royal Botanic Garden | Cranbourne Botanic Garden |
| Gulf Station open day | Jayco Manufacturing | Knox Parks |
| Historical sites | Bush parks with KES help | Darnum Musical Village |

2025 Proposed Meetings

| Date | Venue |
|------------------------|-------|
| Tuesday, 11 February | TBA |
| Wednesday, 26 March | TBA |
| Thursday, 8 May | TBA |
| Tuesday, 17 June | TBA |
| Wednesday, 30 July | TBA |
| Thursday, 11 September | TBA |
| Thursday, 6 November | TBA |
| Tuesday, 9 December | TBA |